



SREE ABIRAAMI ARTS AND SCIENCE COLLEGE FOR WOMEN

APPROVED BY GOVT. OF TAMIL NADU / AFFILIATED TO THIRUVALLUVAR UNIVERSITY

Accredited by NAAC with B++ | An ISO 9001:2015 Certified Institution

KATPADI ROAD, KEELALATHUR, GUDIYATTAM – 635803, VELLORE DISTRICT, TAMIL NADU, INDIA

Website: <https://sawcollege.com>, Phone : 04171-290222, Mobile : 7639003545/7639003546

Mail id: abiraami.office@gmail.com / abiraami.college@gmail.com

***5.1.2. Capacity building
and skills enhancement
initiatives taken by the
institution include the
following***



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Soft Skills



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Dr. R.S. Vetrivel M.C.A., M.Phil., Ph.D., M.B.A.,
Principal

Date: 20.08.2022

A REPORT ON EMPLOYABILITY SKILL DEVELOPMNT PROGRAMMME BY MAHINDRA PRIDE CLASSROOMS & NAANDI FOUNDATION



The Mahindra Pride Classroom & Naandi Foundation jointly organized a 6 days training programme on Digital Literacy for second & third year students at Sree Abiraami Arts and Science College for Women, Gudiyattam from 11th Aug 2022 to 19th Aug 2022. There were 307 students of III years (Batch 2020-23), benefited in this Training Programme.

OBJECTIVE

The Training Programme focused on Employability Skill Development Programme helped the students to develop digital techniques in order to start their career journey successfully.

TRAINING METHODOLOGY

This 6 days Training Programme was handled by the experts from Mahindra Pride Classroom. The trainers were Mr.G.Sri Ramprasad, Mr.E.Paul Ravichandran, Mr.A.Thivakar, Mr.K.R.Aravindh, Mr.Sasikumar, Mr.Ashok kumar & Mr.Gokulnath.

The 1st day Self Introduction, Unique, Body Language, Professional grooming were taught students. Budget Money management, Goal setting, Time management, Critical thinking, How to solve a problem (Introduction) were discussed on the 2nd day. The 3rd day trainers motivated the students on Conflict Management, Effective communication and Problem solving. The Trainers trained the students on Characteristics of Politician, Professional ethics and Personal ethics on 4th day of the programme. The students were shaped to prepare the resume & how to face the interview on the 5th day of the training session. The day 6 especially focused on Interview Preparation and Group Discussion. The students gave the tremendous presentation in the group discussion session, the trainers appreciated the students for having presented the topic on the Group Discussion in different angle. Finally the 7th day the group photos were taken & presentation were given by the students.

FEEDBACK OF THE TRAINING PROGRAMME

- ❖ The students were enriched with number of Intellectual Activities & Presentations done by the Trainers of the Mahindra Pride Classrooms.
- ❖ The Students gained knowledge on Life skills, Interview Skills, Presentation skills, Communication & Soft Skills from the training programme.
- ❖ The Students highly observed informative knowledge through activity based classes. The students were trained to prepare presentation with their own style by PPT.
- ❖ This training programme helped the students to start the journey successfully.
- ❖ The valedictory function was conducted at 02.00 PM on 19.08.2022 where in 100 Students reported the Feedback it was a grand success in the academic career.

Finally the trainers completed this schedule of 40 hours programme in a tremendous way. (Sincerely, Honestly, Punctually)

DECLARATION

I thank the Mahindra Pride Classroom & Naandi Foundation for having arranged such a wonderful session for III year students for 6 days from 11.08.2022 to 19.08.2022. The training team consisted of Seven trainers which was led by Mr.G.Sri Ramprasad who coordinated the entire session in a well/structured way. I wholeheartedly thank the leader & the team for having taught the students to be SMART in their career.

I wish the Mahindra Pride Classroom & Naandi Foundation to get grand success in future endeavor.




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Language and Communication



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Language and Communication

Since most of the students are from rural background and lack in their English communication skills the institution provides communication skill development courses such as Interactive English for all the first year students as Bridge course and Business English and Effective English as Add-on Course to the willing second year students. The students are taught effectively and also to check their learning tests are also conducted for them. The syllabus of the courses as follows



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DEPARTMENT OF ENGLISH

BRIDGE COURSE (2022-2023)

INTERACTIVE ENGLISH - SYLLABUS

Objectives:

- > To make our students familiar with basic skills.
- > To channelize their academic vision to grasp their capability in language.

UNIT I: Personality Development

- Tips to improve yourself
- What is good personality?
- Important of personality development.

UNIT II: Writing Skill

- Writing styles
- Strokes
- Spacing, Legibility

UNIT III: Punctuation Marks

Rules and exercise for Punctuation

UNIT IV: Speaking Skill

Improving English Language Fluency

- Using Dictionaries
- Watching Movies in English
- Reading Newspaper & Magazines
- Group Discussion, Story telling
- Thinking in English, Reading a Novel


UNIT V: Developing Vocabulary

- Active voice & Passive voice
- Word Formation
- Word family
- Word Games

Course Outcome:

- ❖ Students will be able to understand the importance of personality development.
- ❖ Students will be made aware of LSRW skills in advance.


HoD
(Dr. N. Hemamalini)


Principal
(Dr. R. S. Vetrivel)

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Life Skills *(yoga, Physical* *fitness, health* *and* *hygiene)*



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Life Skills (yoga, Physical fitness, health and hygiene)

The institution organizes various health related events to enhance students knowledge on their health through the Health Club, YRC and Yoga Club. The reports of the events organized in the academic year 2022-2023 as follows.



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A report

On

“WORLD LIVER DAY-2023”

Organized by

HEALTH CLUB

Health Club organized “World Liver Day-2023” Programme in Sree Abiraami Seminar hall on 19th April 2023 at 12.05 pm. The welcome address was delivered by Mrs.S.Sankari, Assistant Professor of Tamil and YRC Coordinator. The Keynote address was delivered by Mrs.S.Manju, Assistant Professor of Mathematics and Health Club Coordinator, Sree Abiraami Arts and Science College, Keelalathur. She discussed on educating students about the sign and symptoms of Liver Cancer and how to avoid further complications and encouraging students to inculcate healthy lifestyle to prevent and control Liver related ailments. Finally the vote of thanks was delivered by Ms.S.Bharathi, II B.Sc., Computer Science.

S. Manju
20.4.2023
COORDINATOR
(S. MANJU)



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A report

On

"Awareness Programme on Kidney Health and Disease"

Organized by

HEALTH CLUB

Health Club organized "Kidney Health and Disease awareness program" in Sree Abiraami Auditorium on 29th-March 2023 at 2.30 p.m. Vice Principal Dr.M. Sakthivel delivered the welcome address. The felicitation was given by Dr.R.S. Vetrivel , Principal. The Keynote address was delivered by Doctor P. Soundararajan, Senior Consultant, Nephrologist & Transplant Physician. He spoke about the importance of body organs and ways to keep kidney healthy. He advised women not to restrict urination during menstruation as it causes uterine problems and should not do so. He created awareness about breast cancer, bone cancer and blood cancer. Finally the vote of thanks was delivered by Mrs.S.Manju, Assistant Professor of Mathematics and Health Club Coordinator.

S. Manju
COORDINATOR
(S. MANJU)



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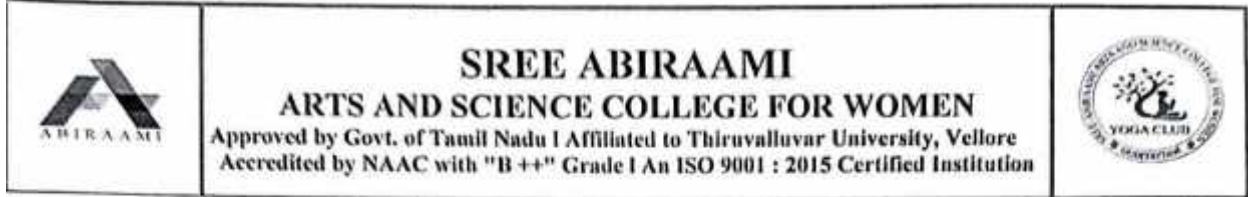
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REPORT ON MAHA YOGA PRACTICES

An one day MAHA YOGA PROGRAM was conducted in SreeAbiraami Arts and Science College for Women, organized by YOGA ASSOCIATION on 23.3.2023. The program was inaugurated with a prayer AbiraamiAndhadhi followed by Thamizh Thai Vazuthu. The MAHA YOGA FOUNDATION MEMBERS Mr. Ramesh Rishi, Master Lokesh, Mr. Balaraman Rishi, Mr. Ramamurthi had discussed about mental stress, its reasons and suggested the ways to get rid of it through the demo. The College Chairman Thiru M.N. Jothikumar, Vice – Chairman Thiru M. Prakasam, Education Adviser Mr. K. Murugavel, Principal Dr. R. S. Vetrivel, and Academic Director Dr. M. Brintha, and all the faculties had actively participated in this program.

CO-ORDINATOR

S. Sankari
23/3/23
(S-SANKARI)

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REPORT ON UPA YOGA PRACTICES

An one day UPA YOGA PRACTICES was conducted in Sree Abiraami Arts and Science College for Women, organized by ISHA FOUNDATION on 15.12.2022 in the college Auditorium. The program was inaugurated with a prayer followed by the welcome address. The Presidential address was given by Thiru M.N. Jothikumar, Chairman, Thiru M. Prakasam, Vice – Chairman, Mr. K. Murugavel, Trustee and by Mr. M. Gopinath, Trustee of Sree Abiraami Arts and Science College for Women. Introduction about the program was given by Dr. R. S. Vetrivel, Principal of Sree Abiraami Arts and Science College for Women. Dr. M. Brintha, Academic Director, Sree Abiraami Arts and Science College for Women, felicitated the program. The chief guest address was given by K.R. Aswini from ISHA FOUNDATION.

All the dignitaries shared their thoughts with the students about the ways to enrich their life style through Yoga. The main objective of the program was to teach the students about the knowledge of UPA YOGA and its benefits like muscle exercise, energy nodules, relief from tiredness and physical stress. Both the students and the faculties had actively participated in this program. The program was concluded with a key note followed by vote of thanks and National Anthem.

CO-ORDINATOR

1. S. S. Sankari
15/12/22 (S. SANKARI)

2. K. Kowsalya
15/12/22 [K. KOWSALYA]

3. P. Anjali
15/12/22 [P. ANJALI]




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A report

On

FREE HP LEVEL CHECKUP- CAMP

Organized by

HEALTH CLUB

Health Club organized “Free HP level checkup-Camp” programme in Abiraami Seminar hall on 11th October 2022 at 10 a.m. The Welcome address was delivered by Mrs.S.Manju, Assistant Professor of Mathematics and Health Club Coordinator. The Presidential Address was given by Dr.M.Brintha, Academic Director. The Keynote address was delivered by Mrs.P.Dhanalakshmi, M.Sc.,(phy) Asst Professor, Athi Group of Institution, Gudiyattam. The Main objective of the camp was to raise mass awareness about health and the importance of regular health check-ups. During these health camps, Athi group of institution Staffs conducted free blood tests for Cholesterol, Sugar, Hemoglobin and Blood Pressure. More than 60 students attended the camp. Finally the vote of thanks was delivered by Mrs.K.Kalaiselvi, Assistant Professor of Tamil.

S. Manju
12.10.2022
COORDINATOR



Dr. M. Brintha
12/10/2022
ACADEMIC
DIRECTOR

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A report

On

“Breast Cancer Awareness-Programme”

Organized by

HEALTH CLUB

Health Club organized “**Breast Cancer Awareness**” Programme in Sree Abiraami Seminar hall on 06th October 2022 at 2.00 p.m. The Welcome address was delivered by Mrs.K.Kalai selvi , Assistant Professor of Tamil. The felicitation was given by Dr.M.Brintha, Academic Director. The Keynote address was delivered by Ms.Dhanalakshmi,” Medical officer of Athi group of Institutions, Gudiyattam. She gave awareness about the Breast Cancer and how should we prevent it, the new directions of the most recent research and the pros & cons of different treatment options. Finally the vote of thanks was delivered by Mrs.S.Manju, Assistant Professor of Mathematics and Health Club Coordinator.

S. Manju
9.10.2022
COORDINATOR

Dr. M. Brintha
9/10/2022
ACADEMIC
DIRECTOR

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A report

On

“WORLD HEART DAY-2022”

Organized by

HEALTH CLUB

Health Club organized “ World Heart Day-2022 ” Programme in Sree Abiraami Seminar hall on 29th September 2022 at 1.30 p.m. The Welcome address was delivered by Mrs.S.Manju, Assistant Professor of Mathematics and Health Club Coordinator. The Felicitation was given by Dr.M.Brintha, Academic Director. The Keynote address was delivered by **Ms.J.Janani , Distinguish Alumna**” of our institution. She discussed about the sign and symptoms of cardiovascular disease and to avoid complications. She also explained and encouraged the students to inculcate healthy lifestyle to prevent and control any heart related ailments. Finally the vote of thanks was delivered by the Ms.S.Asmini, II BCA.

S. Asmini
30.9.2022
COORDINATOR



Dr. M. Brintha
ACADEMIC
DIRECTOR

Y. Manjula
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A report

On

"WORLD LUNG DAY-2022"

Organized by

HEALTH CLUB

Health club organized "World Lung Day-2022" Programme in Sree Abiraami Seminar hall on 26th September 2022 at 2 p.m. The welcome address was delivered by Mrs.S.Manju, Assistant Professor of Mathematics and Health Club Coordinator. The felicitation was given by Dr.M.Brintha, Academic Director. The Keynote address was delivered by **Ms.J.Janani , Distinguish Alumna" Sree Abiraami Arts and Science College, Keelalathur.** She discussed about the inequity, medical care to the social and environmental determinants of health such as tobacco, air pollution, climate change and poverty. Finally the vote of thanks was delivered by Ms.P.Hemalatha, I B.Sc., Mathematics.




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HEALTH CLUB REPORT

WORLD BREAST FEEDING WEEK - 2022

- ❖ Health Club and Child Development Project Office are jointly organized awareness program about “ World Breast Feeding week-2022” on 5th August 2022.
- ❖ Child Development Project Office given more information about healthy foods for women
- ❖ Our chief guest Mrs.V.Gomathi,MA.,(District Project Officer, ICDS) given her valuable speech about Breast feeding to our students and encouraged them to eat healthy foods.
- ❖ Anganwadi teacher arranged Healthy Food Exhibition to our college students for their understanding about healthy and unhealthy foods.
- ❖ Anganwadi teacher also performed more events like Puppet show, VilluPattu and awareness folk dance to our college students to create knowledge about importance of mother feeding
- ❖ Our college students performed mime show and dance show on breast feeding
- ❖ A total number of 300 third year students and faculty were participated in this awareness program

S. Manju
7.8.2022
Coordinator
(S. MANJU)



Principal
SREE ABIRAAMI ARTS AND SCIENCE COLLEGE FOR WOMEN
GUDIYATTAM - 635 803.
VELLORE DISTRICT.



SREE ABIRAAMI ARTS AND SCIENCE COLLEGE FOR WOMEN

APPROVED BY GOVT. OF TAMIL NADU / AFFILIATED TO THIRUVALLUVAR UNIVERSITY

Accredited by NAAC with B++ | An ISO 9001:2015 Certified Institution

KATPADI ROAD, KEELALATHUR, GUDIYATTAM – 635803, VELLORE DISTRICT, TAMIL NADU, INDIA

Website: <https://sawcollege.com>, Phone : 04171-290222, Mobile : 7639003545/7639003546

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ICT / Computing Skills



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ICT / Computing Skills

The institution equips the students computing skills through the bridge course offered by the department of Computer Applications and Computer Science to all the first year students irrespective of their main stream course. In the academic year 2022-2023 the department of Computer Applications and Computer Science has offered Fundamentals of Computers to all the first year students and Programming in C for the first year students of Bachelor of Computer Applications and Bachelor of Science in Computer Science. The Bridge Courses are conducted with proper faculty allocation, Timetable and an exit level examination.